

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK ONE							
CLASSIC	Slow Cooked Beef Bolognese, Pasta	Roasted pork loin	Chicken fajita, tortilla wrap	Beef dahl, naan bread	Scarborough fish and chip shop.	Brunch	Brunch
NOURISH	Smoked Tomato, Chipotle, Spinach Gnocchi	Roast butternut and pea risotto	Tofu fajita	Lentil dahl	Sweetcorn fritters	Brunch	Brunch
SIDES	Garlic Focaccia Garden Peas Roasted carrots	Garlic new potatoes Roasted root vegetables Steamed cabbage	Cajun roasted new potatoes Steamed corn Courgettes and peppers	Steamed rice Spiced cauliflower broccoli	Chippy chips Garden peas Beans Curry sauce	Brunch	Brunch
SALADS	A Selections of Salads & Dressing	A Selections of Salads & Dressing	A Selections of Salads & Dressing	A Selections of Salads & Dressing	A Selections of Salads & Dressing	A Selections of Salads & Dressing	A Selections of Salads & Dressing
JACKET/PASTA BAR	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Chefs Choice	Brunch
DESSERT	Dessert Pot Of The Day Pear and Ginger crumble with custard	Dessert Pot Of The Day Orange and Cranberry drizzle cake	Dessert Pot Of The Day Chocolate and Banana pudding with caramel sauce	Dessert Pot Of The Day Oat and Raisin Cookie square	Dessert Pot Of The Day Chocolate Brownie	Chefs Choice	Brunch

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK TWO							
CLASSIC	Creamy Cajun chicken pasta bake	Sweet and sour chicken	Cumberland sausage, gravy	Classic Beef Chilli Con Carne Sour Cream	Burger day, brioche bun	Brunch	Brunch
NOURISH	Pesto and roast cherry tomato pasta bake	Sweet and sour tofu	Plant based sausage, red onion chutney	Vegetable & Quorn Enchilada Sour Cream	Vegetarian burger	Brunch	Brunch
SIDES	Garlic bread Steamed corn Roasted aubergines and courgettes	Noodles Prawn crackers Soy braised cabbage Five spice broccoli	Mashed potato Garden peas Roasted carrots	Frag Rice Balsamic Glazed Roast Green Beans & Tomato Curry Spiced Parsnips	Waffle fries Beans Sweetcorn Gherkins	Brunch	Brunch
SALADS	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings
JACKET/PASTA BAR	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Chef Choice	Brunch
DESSERT	Dessert Pot Of The Day Chocolate and Cherry flapjack	Dessert Pot Of The Day Jammy doughnut bread and butter pudding with custard	Dessert Pot Of The Day Chocolate orange cake	Dessert Pot Of The Day Parkin	Dessert Pot Of The Day Cinnamon Blondies	Chef Choice	Brunch

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK THREE							
CLASSIC	Smoked Bacon Mac N Cheese	Katsu chicken curry	Make your own burrito	Chicken chasseur	Fish and chip shop day	Brunch	Brunch
NOURISH	Smoky Cajun mac N cheese	Katsu Quorn curry	Mixed bean burrito	Vegetarian casserole	Battered Quorn fillet	Brunch	Brunch
SIDES	Garlic Bread Green Beans Roasted Carrots	Rice Spiced parsnips Bang bang cauliflower	Roasted new potatoes Steamed corn Medley of veg	Mashed potato Mixed greens Roasted carrots	Chunky chips Mushy peas Curry sauce Beans	Brunch	Brunch
SALADS	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings
JACKET/PASTA BAR	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Jacket Potato A selection of fillings Pasta Roasted Red Pepper & Tomato Sauce	Chefs Choice	Brunch
DESSERT	Dessert Pot of the Day Aussi Crunch	Dessert Pot Of The Day Sticky Toffee pudding with toffee sauce	Dessert Pot Of The Day Christmas crumble slice	Dessert Pot Of The Day Chocolate pudding with chocolate sauce	Dessert Pot Of The Day White chocolate gingerbread cookie squares	Chefs Choice	Brunch

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FEEDING INDEPENDENT MINDS

SUPPER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK ONE							
CLASSIC	Pork schnitzels	Honey soy chicken stir fry	Sausage ragu, conchiglie pasta	Chicken and leek pie	Chilli and garlic chicken burrito	Chefs Choice	Boarders Choice
NOURISH	Butternut schnitzels	Vegetable stir fry	Quorn mince ragu	Quorn and leek pie	Sweet potato and feta	Chefs Choice	Boarders Choice
SIDES	Fries Sauerkraut Steamed cauliflower	Five spice rice Steamed carrots Cabbage	Garlic bread Minted peas sweetcorn	Mashed potato Roast carrots Green beans	Tomato rice Sweetcorn Zucchini bake	Chefs Choice	Boarders Choice
SALADS	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings
DESSERT	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot	A Selection of Desserts To Include Cold & Hot

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SUPPER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK TWO							
CLASSIC	Creamy beef stroganoff	Ultimate Pork Meatballs and Spaghetti	Chicken and mushroom alfredo	Chicken parmo, bechamel sauce	Sticky teriyaki chicken	Chefs Choice	Boarders Choice
NOURISH	Cream mushroom stroganoff	Quorn Meatballs	Halloumi pasta and cherry tomato pasta	Stuffed peppers	Sweet chilli tofu	Chefs Choice	Boarders Choice
SIDES	Braised rice Steamed carrots Green beans	Garlic bread Kale and cabbage	Rosemary and garlic pittas Minted peas Sweetcorn	Fries Roasted Aubergines and courgettes Coleslaw	Noodles Broccoli Sweetcorn	Chefs Choice	Boarders Choice
SALADS	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings
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SUPPER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK THREE							
CLASSIC	Greek Style Chicken Pittas Tzatziki	Pizza day	Garlic butter chicken curry	Tuna and mozzarella pasta bake	Beef Enchiladas	Chefs Choice	Boarders Choice
NOURISH	Greek Style Quorn, Mushroom & Onion Souvlaki on Toasted Pitta Bread Tzatziki	Pizza day	Chickpea and lentil curry	Spicy tomato pasta bake	Quorn Mince Enchiladas	Chefs Choice	Boarders Choice
SIDES	Roasted Greek Veg Bake Lemon & Herb Baked New Potatoes	Fries Sweetcorn Traditional sides	Rice Roasted aubergines Naan bread	Garlic bread Garden peas Roasted Mixed Peppers	Rice Guacamole Sour Cream Salsa Roasted Mixed Bean	Chefs Choice	Boarders Choice
SALADS	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings	A Selection Of Salads & Dressings
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