



# Scarborough College

## WEEKLY MENUS

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Beef Bolognaise	Jacket Potatoes Sausage & Bean Casserole	Creamy Chicken Curry	Beef & Potato Hot Pot	Panko Breaded Fish
<b>Vegetarian</b>	Maccaroni Cheese	Baked Beans	Lentil & Spinach Curry	Cheese & Leek Hot Pot	Breaded Mushrooms
<b>Sides</b>	Green Beans, Garlic Bread & Grated Cheese	Tuna & Sweetcorn Mayo, Grated Cheese, Garden Salad & Coleslaw	Steamed Rice, Vegetable Pakora, Poppadoms & Riata	Carrots & Savoy Cabbage	Garden Peas, Chunky Chips, Curry Sauce, Tartare Sauce & Buttered Bread
<b>Simple</b>	Jacket & Beans	Pasta & Tomato Sauce	Pasta & Tomato Sauce	Pasta & Tomato Sauce	Jacket & Beans
<b>Dessert</b>	Fruit Flapjack	Chocolate Cake	Shortbread	Carrot Cake	Rice Crispy Bar

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Chicken Casserole	Beef & Potato Pie	Pork Sausages	Zatar Crumbed Chicken	Beef Burger
<b>Vegetarian</b>	Cheese & Onion Frittata	Quorn & Vegetable Pie	Vegetarian Sausages	Falafels & Mint Yoghurt	Vegetarian Bean Burger
<b>Sides</b>	Herbed New Potatoes, Roast Butternut Squash & Kale	Roasted Mid Potatoes, Mushy Peas & Gravy	Mashed Potato, Onion Gravy, Spring Greens & Carrots	Cous Cous, and Garden Salad	French Fries, Baked Beans & Coleslaw
<b>Simple</b>	Jacket & Beans	Pasta & Tomato Sauce	Pasta & Cheese Sauce	Pasta & Tomato Sauce	Jacket & Beans
<b>Dessert</b>	Grabolar Bar	Bakewell Tart	Ginger Cake	Blondie	Cookie

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Beef Pasta Bake	Bacon & Cheese Flan	Chicken & Corn Pie	BBQ Pulled Pork Taco	Breaded Fish & Tartare
<b>Vegetarian</b>	Vegetable Pasta bake	Cheese & Mushroom Flan	Corn & Cheddar pie	Cherred Cauliflower	Sweetcorn Fritter
<b>Sides</b>	Broccoli & Garlic Bread	Jacket Potato & Baked Beans	Saute Potatoes, Carrot & Swede Mash	Oregano Wedges, Rainbow Slaw & Salsa	Mushy Peas & Baked Beans
<b>Simple</b>	Jacket & Beans	Pasta & Tomato Sauce	Pasta & Tomato Sauce	Pasta & Tomato Sauce	Jacket & Beans
<b>Dessert</b>	Oat Biscuit	Lemon Cake	Chocolate Brownie	Iced Vanilla Sponge	Triple Chocolate