



Scarborough College

ANAPHYLAXIS/ALLERGY TREATMENT PROTOCOL

Allergic Reaction Symptoms

- Nettle rash, (otherwise known as hives or urticaria).
- Swelling of skin, (known as angioedema) anywhere in the body.
- Swelling up of the lips
- Abdominal pain, nausea/vomiting.
- Difficulty in breathing.

Treatment

- Stay with child, remain calm, call for help.
- Give oral Antihistamine immediately.
- Give asthma inhaler if prescribed.
- Observe if severe symptoms develop follow steps below.
- If symptoms settle return to school.
- Inform parent/guardian.
- Record actions.

Anaphylactic Reaction

- Widespread flushing of the skin.
- Nettle rash, (otherwise known as hives or urticaria).
- Swelling of skin (known as angioedema) anywhere in the body.
- Difficulty in breathing.
- Alterations in heart rate.
- Severe asthma.
- Abdominal pain nausea and vomiting.
- Sudden feeling of weakness (dramatic fall in blood pressure).
- Sense of impending doom.
- Collapse and unconsciousness, and in rare circumstances death.

Treatment

- Stay with child, remain calm, call for help, contact the Emergency Services
- Lay pupil flat.
- Administer adrenaline auto-injector pen if prescribed.
- Call 999, ask for ambulance and state anaphylactic shock.
- Give asthma inhaler if prescribed 1-2 actuations this can be repeated if symptoms continue, maximum 10 actuations.
- Administer second pen after 5 minutes if patient does not respond or original symptoms return.
- Place in recovery position if unconscious.
- Give cardiopulmonary resuscitation if they go into cardiac arrest.
- Hand all details of medication and treatment given to Ambulance personnel.
- Contact parents/guardian.
- Record all actions.

Protocol Last Reviewed – September 2018